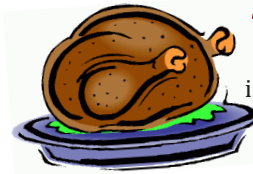


AGRICULTURE ADVENTURES FOR FAMILIES

We are slowly approaching the end of the year, fall is in full effect, and the holidays are almost upon us! This month we celebrate Veterans Day (11th), World Peace Day (17th), and most importantly Thanksgiving (23rd)! The is the one day a year that most of us indulge in plenty of good food and, of course, pumpkin pie!



How did that get on my Thanksgiving plate?



Turkey

We all know the star of the Thanksgiving Day show is the turkey! Your turkey might have come from one of these top turkey producing states: Minnesota, North Carolina, Missouri, Arkansas, and Virginia.

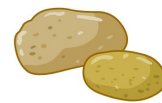
Cranberries

Cranberries are native to America. Do cranberries grow in water? You might have seen pictures that make you think so, but cranberries don't actually grow in water! They grow on dry land and are harvested using water because cranberries float! Are you a whole or jellied cranberry sauce kind of person?



Mashed Potatoes

How do potatoes grow? Underground! Potatoes are good for you too! They are high in potassium and are also an excellent source of vitamin C, B6, and iron! There are more than 100 varieties of potatoes, but some of our favorites are Russet, red, yellow, and fingerling.



Pumpkin Pie

Starting in October, pumpkins start to make their way onto stoops, into coffee cups, and onto plates. This autumn favorite was popular with Native Americans too! Squash was part of the Three Sisters, a combination of corn, beans, and squash that were planted together by Native Americans. The stalks of the corn supported the beans, the beans added nitrogen back to the soil and the squash spread across the ground blocking sunlight from weeds.

Source: AgFoundation.org



A Pilgrims' Thanksgiving

The pilgrims' Thanksgiving dinner was nothing like the dinner we eat today on this holiday. Food items that were available for them to eat included:

Fish: cod, bass, herring, shad, bluefish & eel

Seafood: clams, lobsters, mussels, oysters

Birds: wild turkey, goose, duck, crane, swan, partridge, and other waterfowl

Other meat: venison (deer meat)

Grain: wheat flour, Indian corn and corn meal; barley

Fruits: dried raspberries, strawberries, grapes, plums, cherries, blueberries, gooseberries

Vegetables: peas, squash, pumpkin, beans, parsnips, collards, carrots, turnips, spinach, cabbages, onions

Nuts: walnuts, chestnuts, acorns, hickory nuts, ground nuts

Other items available: maple syrup, honey, butter, Holland cheese, eggs



Source: Oklahoma Ag in the Classroom

Thanksgiving: Fact or Fiction



FACT OR FICTION: THANKSGIVING IS HELD ON THE FINAL THURSDAY OF NOVEMBER EACH YEAR. **Fiction.** In 1863, President Abraham Lincoln designated the last Thursday in November as a national day of thanksgiving. However, in 1939, after a request from the National Retail Dry Goods Association, President Franklin Roosevelt decreed that the holiday should always be celebrated on the fourth Thursday of the month (and never the occasional fifth, as occurred in 1939) in order to extend the holiday shopping season by a week.

FACT OR FICTION: MACY'S WAS THE FIRST AMERICAN DEPARTMENT STORE TO SPONSOR A PARADE IN CELEBRATION OF THANKSGIVING. **Fiction.** The Philadelphia department store Gimbel's had sponsored a parade in 1920, but the Macy's parade, launched four years later, soon became a Thanksgiving tradition and the standard kickoff to the holiday shopping season. The parade became even more well-known after it was featured prominently in the hit film *Miracle on 34th Street* (1947), which shows actual footage of the 1946 parade.



FACT OR FICTION: NATIVE AMERICANS USED CRANBERRIES, NOW A STAPLE OF MANY THANKSGIVING DINNERS, FOR COOKING AS WELL AS MEDICINAL PURPOSES. **Fact.** Native Americans used cranberries in a variety of foods, including "pemican" (a nourishing, high-protein combination of crushed berries, dried deer meat and melted fat). They also used it as a medicine to treat arrow punctures and other wounds as well as a dye for fabric. The Pilgrims adopted these uses for the fruit and gave it the name "cranberry" because its drooping pink blossoms in the spring reminded them of a crane.

Source: History.com

November Word Search

Z Q L U M P M Y F P T Z G U X
 H P I J S M B P J I U I N N C
 E K A D Y X O J X L R W I I U
 G X A R W T L I B G K G V K E
 W W X M A S H E D R E C I P P
 E Q M T H D X G E I Y O G M F
 J G O Q J U E M I M F C S U X
 V E G E T A B L E S O P K P Z
 S Y A D S R U H T R S R N Q F
 Y Q A E H S I F N E J I A B Q
 J N S D N D N J I A S L H T R
 T O O I I X V R S T O K T Q H
 E A A V L L R B L X J B R W P
 Z R Z T E E O P J H Y A N S D
 G L I D B M E H O E P J D A G
 W H V N M O B I M V C D N L J
 G T A I X H V E P Q W E G L K
 S R Q S K M B C R K H P I V C
 C A Q L B C Q Y G U G C R V C
 V Z Q U S V H X O U W X Q S C

Corn
Cranberries
Fish
Grains
Holiday
Mashed
November
Parade

Pie
Pilgrims
Potatoes
Pumpkin
Thanksgiving
Thursday
Turkey
Vegetables

Name: _____

Phone #: _____

Membership #: _____
(Membership # is located on front of paper)

If you were to win, check your preference:

___ Beggar's Pizza GC ___ HRI GC ___ 3 Movie Tix
(If a choice is not made, movie tickets will be sent)

Deadline is the 20th of each month.

Choose your prize: Choices include a \$25 Beggar's Pizza Gift Card, a \$25 Home Run Inn Gift Card, OR *3 AMC Movie Tickets
*AMC Yellow tickets not valid in California, New York & New Jersey.

Complete the Word Search puzzle for your chance to win! Winners will be contacted by mail.

Mail to: Cook Co. Farm Bureau
Ag Adventures Word Search
6438 Joliet Rd
Countryside, IL 60525
Fax to: (708)579-6056

Email to: membershiplinda@cookcfb.org

Complete and submit an entry every month all in 2017 and your name is automatically entered into an "End of Year" drawing for a gift basket full of ag themed goodies. Good luck!



Alice Carney

Congratulations for being last month's word search winner!